The Bridges Shopping centre is split into five service yards A, B, C, D and E.

Service Yard A
Is to the west of the shopping centre and serves retail outlets such as; Debenhams, Top Man and Starbucks.
- Follow City Centre (West). Turn off the A1231 at St Michaels Way next to the signs for the Bridges Car Park.

Service Yards B & C
Are to the south of the shopping centre and serves outlets such as; Boots, JD Sports, Sports Direct, Superdrug, Next, Bank, H&M. This service area also supplies the retail shops on Blandford Street.
- Follow signs for City Centre (South)
- Turn right at the junction of A1231 Stockton Road and continue left onto Park Road. Take the first left onto Burdon Road.
- Turn left onto Holmeside and then the second right onto Waterloo Place then Brougham Street.

Service Yard D
Is to the north of the shopping centre and serves the following outlets; Tesco, Jackie Whites market hall and Currys. There are a number of smaller outlets in this area and the exit from the roof car park.
- Follow signs for City Centre (North)
- Turn right off the A183 St Mary's Way into Bridge Street, opposite the exit for Wearmouth Bridge.
- On Bridge Street take the first right onto High Street West.
- Take the first left into Union Street. To exit take York Street/Cumberland Street and turn left onto the A183 St Mary's Way.

Service Yard E
Is to the north of the shopping centre and serves the following outlets; Primark, Vision Express, New Look, Iceland, and a host of other smaller outlets. In this area is also the entrance ramp to the roof car park - Follow signs for the Central area.
- At the roundabout on the A183, turn into St Michaels Way
- Turn right into High Street West and continue along the street.
- Turn right onto West Street.
- This brings you to the ramp for roof parking, the loading areas are at the side of the ramp.