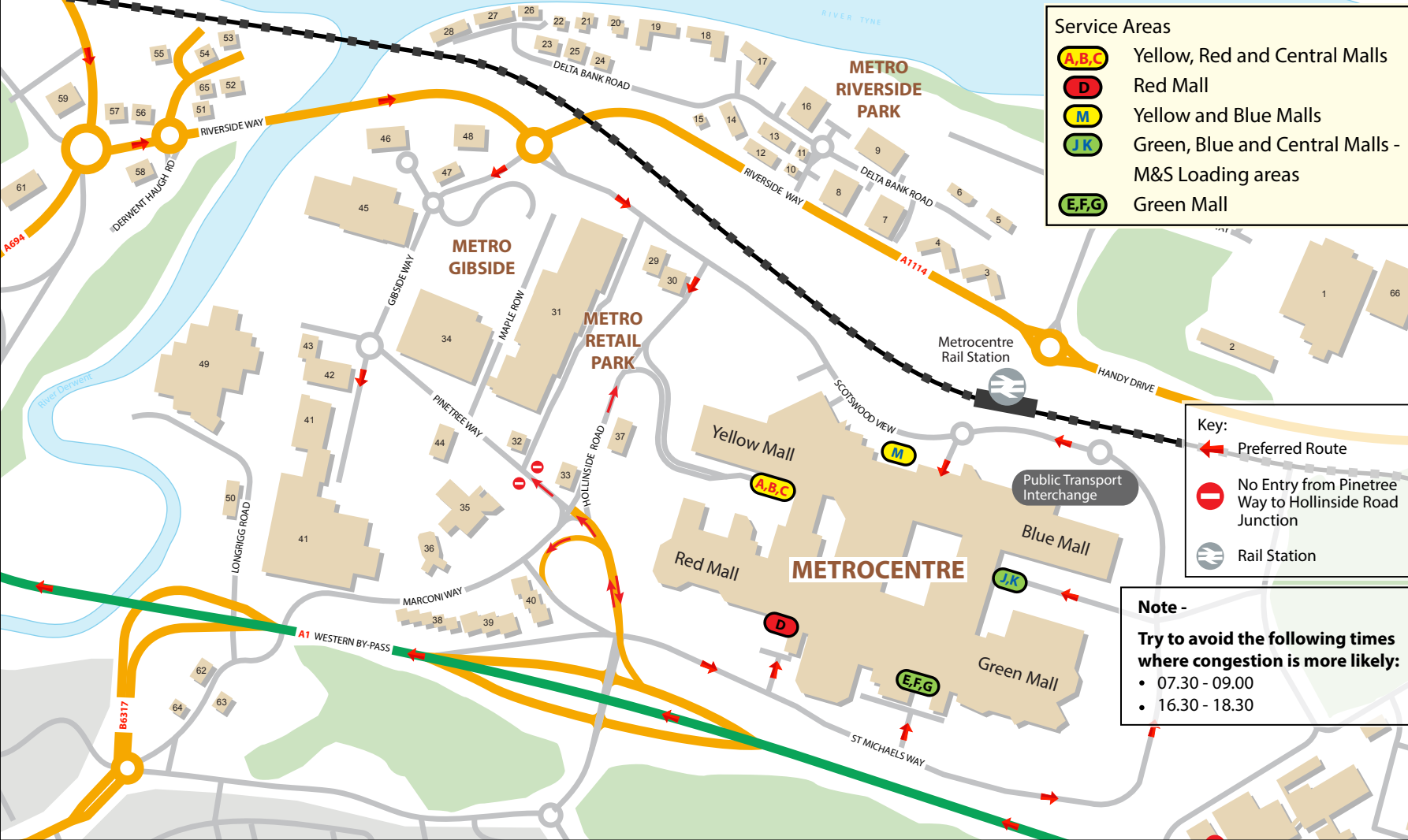


Key: Business:	Ref:
Aldi	46
American Golf	39
Asda Superstore	34
Association of International Accountants	20
B&M Bargains	31
Barker and Stonehouse	31
BT Local Services	6
C Armstrong Joiner	49
Cafe Meo	15
Celsian Education	14
Choudry Associates	10
Cobweb	12
Costco Wholesale	1
Deminos	10
DFS	42
Eclipse Networks	11
Electricity Sub Station	2
Evans Cycles	39
Express Reinforcements	49
Fastline	49
Fife Engineering Company Ltd	62
Fighters Only	13
Fitness Superstore	40
Frankie and Benny's	57
Furniture Village Outlet	31
Gala Bingo	31
Gateshead Health NHS	5
Get Carter Productions	27
Go North East	66
Greggs	47
Hadrian Health Care	28
Halfords Auto Centre	40
Handelsbanken	27
Handelsgesellschaft (RTR)	27
Hansteen	11
Harvester	37
Harveys	30
HCL	6
Helen McArdle Care Group	22
Helen McArdle Training Academy	23
Hodgsons Gateshead Toyota	58
Holiday Inn Express	52
Ian Belsham Associates	28
Ikea	41
IOH	25
J&S	40
JR Adams	49
KFC	56
Kids 1st Nursery	27
Krispy Kreme	37
Mansell	19
Maplins	39
Marriott Hotel	35
McDonalds	33
Mears	7
Mears	7



Service Areas

- A,B,C** Yellow, Red and Central Malls
- D** Red Mall
- M** Yellow and Blue Malls
- JK** Green, Blue and Central Malls - M&S Loading areas
- E,F,G** Green Mall

Key:

- Preferred Route
- No Entry from Pinetree Way to Hollinside Road Junction
- Rail Station

Note -

Try to avoid the following times where congestion is more likely:

- 07.30 - 09.00
- 16.30 - 18.30

Business:	Ref:	Business:	Ref:	Business:	Ref:	Business:	Ref:	Business:	Ref:
Melon Yard Cafe	3	Orchid Software	13	Riverside North East	24	Stokoe Rodger Chartered Accountant	14	Trade Nation	47
Mencap	28	Orchid Software	13	Robertson Simpson Ltd	20	Storck	27	Travel Lodge	55
Metro Centre Car Sales	64	Pets at Home	43	Rockwell/Cameron	12	Synergi IT	28	Travis Perkins	9
Metro House	36	Pizza Hut	32	Russell Telecom (NEC)	26	Talk Talk Business	44	Tyne Tees TV	19
Metro MOT Service Centre	64	Portland Consulting Engineers	12	Safinah	28	Teleperformance	18	Vale Bridgecraft	38
Metropolitan House	50	Premier Inn	61	SCS	29	TGI Friday	51	Wash Car Centre	59
NECA	65	Prism Financial Advice	14	Snow and Rock	48	The Angel	48	We Buy Any Car	38
Newey and Eyre	8	Pure Health	47	Sofology	31	The Human Office	7	Wed2	38
Next Home	31	PX Group Ltd	60	Sports Direct	45	The Rip	49	WH Partnership	8
NFU Mutual	21	Range	45	Stadium Packaging Services	49	The Skiff Inn	53	WH Partnership	21
Northumbrias Car Sales	64	Richmond House	17	Staples	31	Toby Carvery	37	Yours Business Network	3
Oak Furniture Land	31	Ricoh	12	Starbucks	37	Toys R Us	31	Yours Business Network	4